

Safety In Your Vehicle

Be alert to your surroundings when getting in or out of your car.

Keep your car in good running condition.

When driving, keep your doors locked and windows up. If you are approached and threatened, honk the horn and drive away.



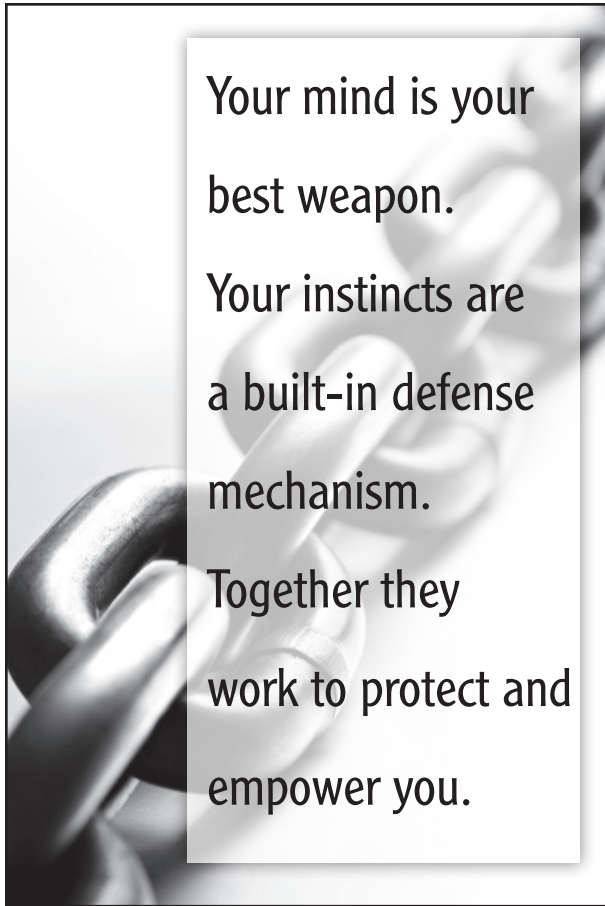
If you think someone is following you, don't head home. Drive to the nearest open business, police or fire station, and call 911, telling the dispatcher where you are located and where you are headed.

Avoid parking in isolated areas with little traffic. Be especially alert in underground parking garages.

Don't leave packages or other valuables on the seats of your car.

Do NOT approach your vehicle alone if there are suspicious people nearby.

Have your car keys in hand before you approach your vehicle.



Your mind is your best weapon.

Your instincts are a built-in defense mechanism.

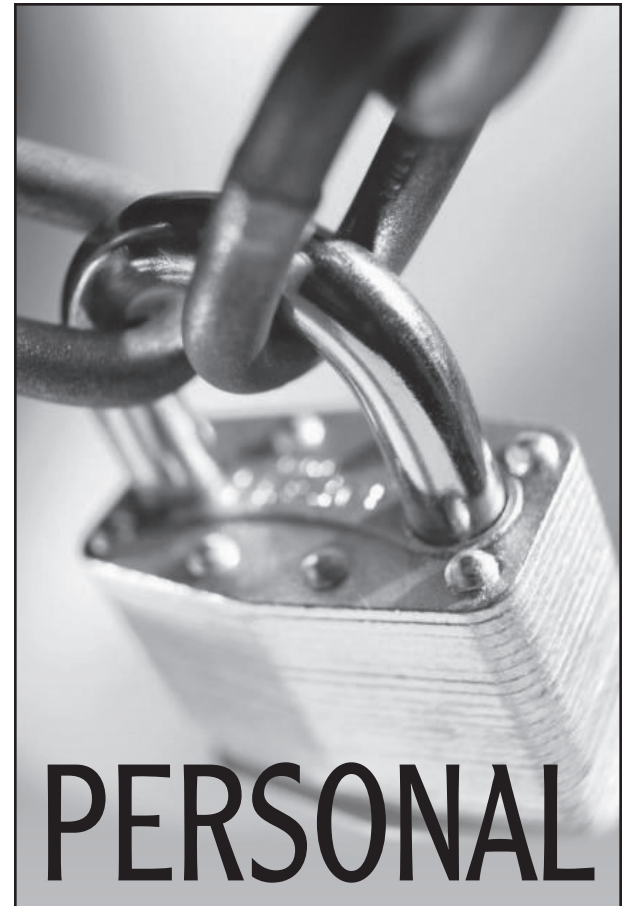
Together they work to protect and empower you.

Boise Police Department
Crime Prevention Unit

333 N. Sailfish Place
Boise, Idaho 83704

Phone: 208-570-6073
Fax: 208-570-6119

E-mail: tshaver@cityofboise.org



PERSONAL Safety Tips



Courtesy of
Boise Police Department
Crime Prevention Unit
208-570-6073



Emergency: 911
Non-Emergency: 377-6790

Reduce Your Chances...

TEST YOUR PERSONAL SAFETY IQ

Do you:

Jog or walk by yourself early in the morning or late at night when the streets are quiet and deserted?

Y N

Leave your purse unattended in a shopping cart? Y N

Think it's a waste of time to lock your car when you'll be back in a few minutes?

Y N

If you answered 'No' to the above questions, you are already practicing safety measures for yourself!

SAFETY TIPS

Stay on well-lit, well-traveled streets.

Avoid carrying large amounts of cash.

Try to use automated teller machines in the daylight, and have your card in hand.

Carry your purse close to your body.

Avoid overloading yourself with packages.

If you leave work after dark, ask someone (a co-worker or security guard) to walk you to your car.

If you think someone is following you, switch directions or cross the street. Walk toward an open store or restaurant. If you are scared, yell for help and call 911 on your cell phone.

PREVENTION PRINCIPLES

Stay Alert. Wherever you are, be tuned in to your surroundings.

Stand Tall. Walk confidently and give the appearance you are in control.

Trust Your Instincts. If something or someone makes you uneasy, leave right away and get help if needed.

RUNNER/WALKER SAFETY TIPS

Run with a partner or a dog.

Don't wear headphones.

Stay alert. The more aware you are, the less vulnerable you are.

Run where the light is good, know your route, and avoid isolated areas.

Carry a lifeline. A cell phone is your best friend in an emergency.

Trust your instincts.

Tell someone where you are going and when you will return.

of Becoming a Victim!